

0399

Rev. 1.00



e-learning module

Fatigue management

GOOD LEADERSHIP

Accidents and incidents related to fatigue is a major challenge in the shipping industry.

To meet the increased focus on fatigue management, IMO has released new guidelines on fatigue with provisions for more comprehensive training requirements.

Building on 0391 *Fatigue management*, 0399 looks at the issue of fatigue from the point of view of senior officers and those ashore interfacing with ships. While junior officers and crew on board can do so much to manage their own wellbeing, it is their managers' ability to adequately create the necessary work systems and the on-board conditions that is key to supporting safe and healthy working conditions.

Based on IMO circular 1598 GUIDELINES ON FATIGUE, this e-learning module, aims to provide those operating at management level, with the essential knowledge that can be used, when developing schedules, systems of work and creating the conditions necessary to mitigate the risk of fatigue.

Legislation & references

- IMO MSC.1/Circ. 1598

STCW

Operation & Safety

Learning objectives

The main learning outcomes of this title are that the learner (eg. will be able to/will know/etc.):

- Identify the leadership role required to manage the hazards that are associated with fatigue.
- Recognise how effective work planning and scheduling can reduce the risk of fatigue among officers and crew members.
- Identify the limitations of scheduling and work planning tools used to manage fatigue.
- List the benefits of creating conditions on board that allow officers and crew to report situations when they are suffering from fatigue.
- Identify how creating conditions to support well-being onboard mitigates fatigue.

Duration

26 minutes

TARGET GROUPS

Engine - Management
Deck - Management
Shorebased Personnel

SHIP TYPES

Generic

LANGUAGES

English

CREDITS

Seagull Maritime AS